

VA Area District Representative Report

Prepared for: 2023 Fall VAWSC

Date of Meeting: August 5, 2023

District Name and Number: Nansemond (District 12)

DR Name: Meg Page (megkpage@gmail.com)

Submitted on: July 30, 2023

Informational Items

District Meeting: 3rd Monday of each month via Zoom

Group Meetings:

Active Meetings: 9 Al-Anon

Face to face: 9

Hybrid: 0

Virtual: 0

Soon to be reactivated: 1 Alateen

Successes:

- Created a district budget.
- Held our semi-annual in-person dinner meeting in June.
- Last meeting without a GR held elections and now has a GR and Alt GR!
- Suffolk Monday Night Alateen meeting scheduled to restart 9/11/23!
- Four Alateen sponsors are working together to support the meeting.
- Planning a Self-Care Workshop in conjunction with the Norfolk District on 1/20/24.

Goals:

- Outreach across our district for Alateen and Al-Anon.